

We define bullying as **'the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face-to-face and online.'**

Children have the **right**¹ to feel safe at school and proud of who they are. Children who don't feel safe, will find it hard to learn and to be confident about themselves.



Bullying and our Core Values: Curiosity, Courage and Connection

We are **curious** about other people and how they are feeling.

We have the **courage** to stand up for others and ask for help.

We respect others who have the **courage** to be a Defender and never use the word 'snitch' or 'tell-tale'.

We **connect** with each other to be an 'anti-bullying' school and to help each other be kind.

It is never OK to hurt another person or to make them feel ashamed of who they are.

If you are being bullied or think someone else is being bullied:

You must:

- Tell a friend
- Tell a grown up at school
- Tell your parents or carers
- **Telling someone won't make it worse**

Grown-ups at school will:

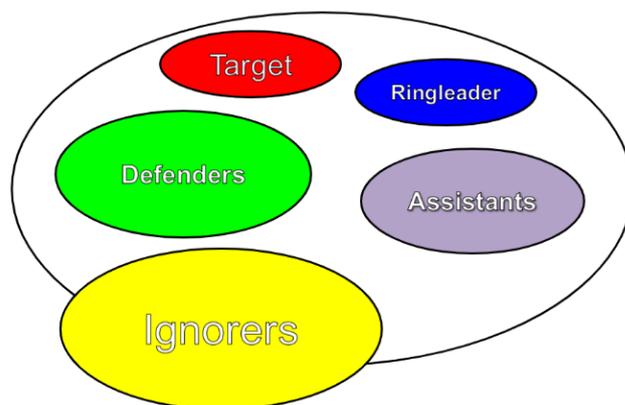
- Keep you safe
- Listen to your worries and take them seriously
- Find out what has been going on
- Agree an action plan **with** you
- Work with your parents to help you

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If you bully someone:

Grown-ups at school will:

- Talk to you to find out what has been going on
- Listen to your worries and take them seriously
- Help you take responsibility for your mistakes
- Teach you to be kind and help you to stop
- Work with your parents to help you
- Arrange for you to play or learn separately from your class if you don't stop bullying



¹ The UN Convention on Children's Rights:

Article 19: You have the right to be protected from being hurt and mistreated, in body or mind

Article 29: Your education should help you learn to live peacefully

² Please display next to a large copy of the coloured poster